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SUMMARY

BPS accredited Chartered clinical psychologist, ACP accredited senior child and adolescent psychotherapist and IPA accredited adult psychoanalyst with almost 30 years of psychoanalytically oriented clinical experience with children, adolescents, adults. Strong theoretical background with a high sense of responsibility and an eagerness to be attuned to current developments in the psychoanalytic field. Exposure to and experience with different cultures.

EDUCATION

Completion of Advanced Adult Psychoanalytic Training (Sep 2017) at British Psychoanalytic Association (BPA).

Issued with a Statement of Equivalence in Clinical Psychology by British Psychological Society (BPS) and entered to the Register of Chartered Psychologists (May 2010)

Completion of Child and Adolescent Psychotherapy Training (Nov 2008) at British Association of Psychotherapists (BAP).

Conducted a PhD research at Exeter University to investigate empirical validity of Freudian Castration Anxiety concept; dissertation titled: "The Psychological Effects of Circumcision on Turkish-Muslim Boys", awarded with MPhil. (2003).

MSci. (2001) in Psychoanalytic Developmental Psychology, University College, London.

MA (1991) in Clinical Psychology, University of Bogaziçi, Istanbul. M.A. thesis on: "Kinetic-Family-Drawings (KFD): A Study of Construct Validity with a Turkish Sample".

BA (1984-1988) in Psychology, University of Bogaziçi, Istanbul.

PROFESSIONAL EXPERIENCE AND ACCOMPLISHMENTS

2023-to-present	Full-time psychoanalytic practice in PSY London Ltd
September 2021- 2023	Invited as an expert to join in the ACP Scientific Development Committee.
March 2021	Invited to take part in the ACP Complexity Group to plan for the post-pandemic mental health provisions and service building within the NHS and community for children, adolescents and families.
Jan 2021-2022	Took part in the BPA Racism study group
June 2020-2021	Took part in the BPA Sexuality and Gender study group
May 2020-Jan 2021	Appointed as the Editor of the BPA Bulletin
September 2017-2023	Full-time psychoanalytic practice in Harvist Road Practice <ul style="list-style-type: none">• Seeing patients in psychoanalysis• Conducting brief and long-term psychoanalytic psychotherapy

- Conducting psychodignostic assessments; therapeutic consultations with all ages and severity of difficulties
 - Report writing for third parties
 - Chairing multidisciplinary work with complex cases and youngsters
 - Working as an assessor in the BPA Clinical Services
- May 2016** Resigned from Barnet, Enfield, Haringey Mental Health NHS Trust; working full time in private practice.
- Jan 2015-Sep 2017** Completed IPA Accredited Advanced Psychoanalytic Training at British Psychoanalytic Association (BPA)
- June 2013** Submitted senior membership child and adolescent psychotherapy paper based on intensive work with a young adult.
- Trained and worked as a BAP assessor and writing assessment reports.
- 2012-2013** Implemented Mother-Child-Education-Program (MOCEP) in 4 parallel groups and supervised by Mother-Child-Education Foundation (MOCEF). Also managed short-term effectiveness RCT research in Enfield primary schools with Turkish speaking mothers and children.
- 2010-to-present**
- Leading mother-infant seminars at the BAP for MSc students
 - Supervising MSc student's research and clinical practice.
- 2010-2013**
- Developing a service for migrant families within Enfield CAMHS and Local Authority. Member of a steering group in Enfield NHS for the implementation of a psycho-social support program for migrant children and their families within Enfield mainstream primary schools
 - Implemented the mother-child support program for Turkish speaking families as a pilot study in Enfield mainstream school in partnership with Bedfordshire University.
 - Completed training of Mother-Child Education Trust's training of trainers in Antalya-Turkey (Feb 2012)
 - Completed Mother-Child Education Program (MOCEP) and Cognitive Education Program (CEP) trainings in Istanbul (August 2012)
 - Established and developed a child & adolescent stream within Reframe Counselling and Psychotherapy Service at Berkeley Square
- 2009-to-2013** **Part-time private practice**
- 2005-to-2013** **Services for Children and Adolescents with Neuro-developmental Disorders (SCAN) in Barnet & Enfield.**

Barnet, Enfield and Haringey Mental Health NHS Trust

- Working part-time as a highly specialist principal clinical psychologist on a permanent basis in a multi-disciplinary team
- Chairing network and professional meetings, managing highly complex cases in conjunction with social services, schools and medical professionals
- Diagnostic assessment, differential diagnosis, formulation, treatment planning, evaluation of treatment's progress
- Individual as well as group work to support the families with disabled children
- Liaise with network to support the children with special needs and their families
- Offering consultation to other professionals to enable the system's working harmoniously in managing complex cases

2003-2004

**Chase Farm Hospital, Department of Clinical Psychology and Psychological Therapies, Learning Difficulties Department
Barnet, Enfield and Haringey Mental Health NHS Trust**

- Working as a principal clinical psychologist on a permanent basis (Band 8)
- Acting as the team manager
- Supervising research assistants and clinical psychology students
- Conducting differential diagnosis; emotional and cognitive assessments; individual psychotherapy; consultation and supportive work with the parents and professional bodies
- Semi-structured, open ended group psychotherapy for clients with impulse management problems
- Communicating effectively the assessment findings to the client, their family and/or carers, and the other professionals involved
- Presenting papers and case work within a multidisciplinary team the psychodynamic understandings and approaches to people who has learning difficulties and mental health problems.

2005-to present

BAP – British Association of Psychotherapists

- Transferred from AFC- Anna Freud Centre to BAP as a third year Child and Adolescent training student.

2004-2005 Maternity leave due to giving birth to my second child

2002-2003

**Chase Farm Hospital, Department of Clinical Psychology and Psychological Therapies, PTSD Clinic.
Barnet, Enfield and Haringey Mental Health NHS Trust**

- Working as a bank clinical psychologist (A Grade, 36-38 spine point).
- Performing psycho-diagnostic assessments with the combinations of psychodynamic interviews, projective and objective measures for complex cases that require differential diagnosis
- Conducting psychodiagnostics assessments and writing psychological assessment reports for the third parties such as the legal system, social services
- CBT, hot spots cognitive restructuring, testimony method, psychodynamic therapy conducted mainly in Turkish with Turkish asylum seekers and refugees.

2001-2002

**Services for Adolescents and Families at Enfield - S.A.F.E.
Barnet, Enfield and Haringey Mental Health NHS Trust**

- Worked as a locum clinical psychologist (A Grade, 35 spine point) on part-time basis. Conducting psycho-diagnostic assessments, undertaking brief as well as long term psychodynamic therapy with severely disturbed adolescents in crisis and their families as part of a multidisciplinary team.

- Conducting therapeutic consultations with patients, parents and the network to create a thinking space around the complex needs of the clients, not least their cultural background.

2000-2002 Anna Freud Centre (AFC)
London

- Due to change of the training analyst I decided to transfer to the BAP at the end of the second year of my AFC child and adolescent psychotherapy training.

1999-2000 Tel-Aviv Mental Health Centre
Research Assistant, Tel-Aviv - Israel

- Designed and implemented a class activation program for post-traumatic stress in Turkish earthquake survivors (with a colleague, Leo Wolmer, M.A.). The aim of this program is to provide a safe environment (the classroom) for children to express themselves freely, get the support of a structured group activity and emotionally strengthen themselves. The program consists of discussions, stories, use of expressive art materials, games and keeping a personal diary.

1997-1999 Leave of absence due to motherhood.

- Relocation to Israel.

1994-1997 Eylül Psychiatric Center
Clinical Psychologist, Istanbul - Turkey

- Administered psychodiagnostics assessments and psychotherapy with adults and children representing a range of symptomatic categories. Was supervised, twice weekly, by a retired, APA accredited senior psychotherapist and psychoanalyst licensed in USA (Dr. Selma Mirici Erk).
- Was contracted by Bogaziçi University's Psychology Department to demonstrate psychodiagnostics testing, report writing and therapy techniques to a group of M.A. degree clinical psychology students.
- Conducted professional seminars, workshops and participated in panels on family and child development and abnormal psychology.

1992-1994 PSI - Psychological Development and Counselling Centre
Clinical Psychologist, Istanbul - Turkey

- Co-founded the centre called PSI with an educational psychologist partner (Feriha Dildar, M.Sc.) and served as a clinical psychologist. PSI became one of the most efficient private practice groups in Istanbul and still continues to function as such.
- I initiated a creativity course within PSI that went on for many years during the weekends, which aimed to encourage artistic expression in inhibited children. For this project I have collaborated closely with artists from various fields (painters, sculptors, musicians and drama artists) and supervised their work within small groups of children. At the end of each year, a significant number of participants won awards in various artistic competitions. Upon request, several workshops were conducted in various mainstream schools in Istanbul and the principles of the program were introduced to the art teachers as well as the school counsellors.
- I also designed and carried out a support group for parents of learning disabled children as an out-reach program at PSI. The program was sponsored by a private charity organization and implemented in a special class within a mainstream setting in Istanbul.
- Received supervision from a senior clinical psychologist and family therapist (Professor Guler Okman Fisek).
- Studied closely the rehabilitation services in Istanbul, mainly in the largest government mental health institution – Bakirkoy Hospital, Istanbul for chronically ill patients. I was invited to do

- an internship at Belsdyke Hospital – Stirling, Scotland to compare the rehabilitation services and wrote a plan to improve the existing rehabilitation services in Bakirkoy Hospital.
- When I started my research on circumcision (1994) I had to go down to part-time basis clinical work for several years. Thus, I sold my share to my partner at the time and joined a psychotherapy centre that was able to provide a psychiatric support. My growing interest and opportunity in working with borderline young adults was supported by the supervisions I received from Selma Mirci Erk by an APA accredited psychotherapist.

1991-1992 Robert College Children Laboratory

Assistant in nursery school, Istanbul - Turkey.

- Worked as a nursery teacher in a private school for 4-5 years old children.

1990-1991 Istanbul Medical Faculty

Clinical Psychologist in Pain Department, Istanbul - Turkey

- Administered bio-feedback and systematic desensitisation to psychosomatic clients suffering mainly from headache.
- Trained weekly for a year in becoming a client-centred group therapist and obtained a certificate of completion from La Jolla Center.

PERSONAL INFORMATION

Born 11/08/1966 in Istanbul. Lived in Israel for several years. UK citizen.

LANGUAGES

Fluent in English and Turkish. Working knowledge of Hebrew.

REFERENCES

To be provided on request.

PUBLICATIONS AND PRESENTATIONS

Levi, S. (June 2024). “Antisemitism in Islamist Culture: Prejudices and My Identity”. Presented paper in Psychohistory Panel USA, online.

Levi, S. (2023). “Silent Scream”. Presented paper in Going on Being in Challenging Times conference, Naxos, Greece, May 26-28, 2023. 10th Joint International Conference sponsored by Adelphi Society for Psychoanalysis and Psychotherapy, The Psychoanalytic Society of the NYU Postdoctoral Program, Toronto Society for Contemporary Psychoanalysis, University of Aegean, William Alanson White Psychoanalytic Society.

Levi, S. (21 Feb 2023). “Psychology after the Earthquake”. Zoom Conference organized by ODTU Graduates, Ankara/Turkey.

Levi, S. (4 March 2023). Presenting class activation program to teachers from earthquake region in Turkey. Zoom conference, organized by ODTU Graduates, Ankara/Turkey.

Levi, S. (Summer 2022). “Castration anxiety and circumcision”. *International Journal of Psychohistory*. Vol 50(1).

Levi, S. (April 2022). ““I caught you!” Part 2: Enriching the external reality”. *Journal of Child Psychotherapy*. Vol 48(1).

Levi, S. (April 2022). ““I caught you!” Part 1: Maturing separateness within the area of mutuality”. *Journal of Child Psychotherapy*. Vol 48(1)

Levi, S. (2021). “Childism: A review of Falih Koksar’s article on “needs, habits and children’s well being” alongside an exploration of the film “system crasher””. *Romanian Journal of Psychoanalysis*, 14(1): 175-179.

Levi, S. (2021). “Antisemitism in the clinical setting”. Paper presented at the BPA Scientific Meeting. 6 Feb 2021. A longer paper is accepted for publication in the *American Journal of Psychoanalysis*.

Levi, S. (Jan 2021). Book review for the JCP: *Dark Times: Psychoanalytic Perspectives on Politics, History and Mourning*, by Dr. Jonathan Sklar, Oxfordshire, Phoenix Publishing House, 2019, 96pp., ISBN 978-1-912691-00-5.

Levi, S. (2020). “Perversion as an attack on creative living: A case study”. Submitted paper for Rozsika Parker Prize.

Levi, S. (2020). “The Cut: Psychoanalysis with second and third generation Holocaust survivors”. Submitted paper for IPA Award on Holocaust and under review by Journal of American Psychoanalytic Association.

Levi, S. (2020). “Antisemitism in the clinical setting”. Submitted paper for IPA Award on Racism.

Levi, S. (Oct 2020). Book review for the BPA Bulletin: *Dark Times: Psychoanalytic Perspectives on Politics, History and Mourning*, by Dr. Jonathan Sklar, Oxfordshire, Phoenix Publishing House, 2019, 96pp., ISBN 978-1-912691-00-5.

Levi, S. (Oct 2020). Book review for the BPA Bulletin: *Hate and the ‘Jewish Science’: Anti-Semitism, Nazism and Psychoanalysis*, by Stephen Frosh, Houndsmills, Basingstoke, Hampshire and New York, Palgrave Macmillan, 2005, 228 pp., £59.99 (paperback), ISBN 1-4039-2170-9.

Levi, S. Foreword: ‘Crisis in Authority’. *BPA Bulletin*, Oct 2020 (16).

Levi, S. Foreword: ‘Covid-19’. *BPA Bulletin*, June 2020 (15).

Levi, S. “Hayatta kalma mücadelesinde insan olmak” (Being human in the struggle for survival). Zoom Conference in Turkish on Covid-19 organized by Hemenis - Alptekin, M., 17 May 2020.

Levi, S. “Freud’s controversial contribution in his psycho-sexual theory: Oedipus Complex”. Paper presented at Thinking About Psychoanalysis Today – BPA Intro Course, Feb 2020, London/UK.

Levi, S. “I feel like a wrong production; I shouldn’t have been born: A Girl from a Patriarchal Culture who Feels Ashamed of her Femininity”. Paper presented at the IPA conference in London on Feminine, July 2019, London/UK.

Levi, S. “Working Psychoanalytically with Female to Male Transsexual Adult: Dramatic Repudiation of Being a Woman”. Paper presented at an EPF Panel on Transsexualism, April 2019, Madrid/Spain.

- Levi, S. "Finding reason to stay in this world when one can leave it: Psychoanalytic psychotherapy with self-harming and severely suicidal teenager". Presented paper in Psychoanalytic Forum BPF Nov 2018, London/UK.
- Levi, S. (2017). "Measuring change in psychotherapeutic work with a traumatised child on the autistic spectrum". *Journal of Child Psychotherapy*, 43(3): 330-353.
- Levi, S. "Finding reason to stay in this world when one can leave it: Psychoanalytic psychotherapy with Miss C". Presented paper in Association of Child Psychotherapists Annual Conference June 2015, Bath/UK.
- Levi, S. "The use of the diagnostic profile with an emotionally neglected and trauma induced shut down case". Presented paper in Anna Freud Centre's Colloquium 2013 on Diagnostic Profile in a parallel workshop.
- Levi, S. "Psychosocial enrichment project for Turkish speaking disadvantaged parents and their children living in Enfield / London". Presented paper in Society for Psychotherapy Research (SPR) UK Chapter, Oxford, 12-14 September 2013.
- Levi, S. "'Silent Scream': work with a traumatised immigrant mother and her infant with a severe neurological disorder". In N.J. Malberg & J. Raphael-Leff (ed.). *The Anna Freud Tradition: Lines of Development – Evolution of Theory and Practice Over the Decades*. Karnac, London, 2011.
- Levi, S. "Projective Methods and Psychoanalytic View of Personality". Presented paper in Freud Forum – British Association of Psychotherapists, London, June 2011.
- Levi, S. "The psychological effects of circumcision on Muslim boys". Presented paper in ACP Annual Conference, London, June 2010.
- Levi, S. "The role of psychological testing in demonstrating the value of psychotherapy with traumatised children on the autistic spectrum". Presented paper in ACP Annual Conference, Edinburgh, Edinburgh University, June 2009.
- Levi, S. "Intensive psychotherapy with an adolescent boy who had a disorganized attachment pattern". Presented as a clinical case at 18th World Congress of the International Association for Child and Adolescent Psychiatry and Allied Professions (ICAPAP), 2008, Istanbul.
- Levi, S. "Silent Scream" Psychological intervention with a traumatised, migrant mother and an infant with severe neurological disorder". Presented paper in a symposium titled: "Families in crisis in a world of migration: Aspects of inner-familial attachment and approaches to intercultural families in diagnosis and therapy" at 18th World Congress of the International Association for Child and Adolescent Psychiatry and Allied Professions (ICAPAP), 2008, Istanbul.
- Levi, S. "Silent Scream" Psychological intervention with a traumatised, migrant mother and an infant with severe neurological disorder". Presented paper in a Migration and Identities Conference, German – Turkish cooperation, Istanbul, Bogazici University, 2007.
- Levi, S. "Psychoanalytic understandings in learning disabilities". Presented paper in an Enfield Primary Care Trust, Mental Health Unit, September 2006.
- Laor, N., Levi, S. & Wolmer, L. "Relief programs in communities affected by disaster: Theory, implementation principles and a case study". In E. Caffo (ed.), *Emergenza nell'infanzia e nell'adolescenza – Interventi psicoterapeutici e di comunità*, Mc Graw-Hill, Italy, 2004.

Ilkbahar is the surname acquired during my first marriage.

Ilkbahar, S. Y. (in Press) "Psychological analysis of begging". Shalom weekly newspaper, Istanbul

Ilkbahar, S. Y. & Tuzun, S. "Creativity". Lifelong Education. May-June 1993, Istanbul: Culture College.

Ilkbahar, S. Y. "Kinetic-Family-Drawings: A construct validity with a Turkish sample". Presented paper in National Psychology Congress, 1992, Ankara.

Ilkbahar, S. Y. "Phobias". Lifelong Education. July-August 1992, p.11-16, Istanbul: Culture College.

Ilkbahar, S. Y. (in Press) "Coping with stress". Bizim Dunyamiz, Alarko, Istanbul.

Ilkbahar, S. Y. (in Press) "Ways of dealing with excessive behaviours". Business World, Istanbul.